

Welfare facilities, including personal hygiene

Reason	Adequate welfare facilities are a legal requirement and should be provided on all sites. Adequate toilets, washbasins, drying rooms and rest areas are essential for the wellbeing of everyone on site.
Outline	This talk covers the factors that will determine whether site welfare facilities are adequate.



Clean rest area and welfare facilities



Changing and drying room with lockers



Clean, suitable toilets and washbasins

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General welfare

1. There must be an adequate number of toilets, washbasins, drying spaces and rest areas provided, in relation to the number of people on site. Showers may have to be provided on some sites.
2. Toilets and washbasins must be properly maintained and kept clean. Hot (or warm) and cold running water must be provided.
3. Soap and a way of drying your hands must be provided.
4. An adequate supply of wholesome drinking water must be provided at readily accessible places.
5. If you need to change out of 'street' clothes, a changing area must be provided with storage for your 'street' clothes.
6. Rest areas should be maintained at an appropriate temperature and include seats with back support.
7. Suitable areas should be provided for you to store clothing not worn during site hours and for drying wet clothes.
8. Plant, equipment, tools or materials should not be stored in designated welfare areas.

Employees' responsibilities

1. Welfare facilities should not be dirty, vandalised or covered in graffiti – leave them as you wish to find them.
2. Tell your supervisor if you are aware that welfare facilities are being deliberately damaged or otherwise misused.

Food safety

1. Larger sites may provide hot or cold food as part of their welfare arrangements.
2. All food must be stored, handled and prepared in hygienic conditions.
3. Anyone preparing food for others must be trained and observe good standards of personal hygiene.
4. Where a cooker or microwave oven is provided for you to prepare your own food, ensure the food is thoroughly cooked – undercooked food can lead to food poisoning.
5. You should only consume food in authorised areas.
6. Dispose of food waste properly in the designated areas to avoid attracting rats or other vermin.



What changing areas are available for your use on this site?

What are your responsibilities with respect to welfare facilities?

What should you do if you see a toilet block being vandalised?

How can rats be a danger to your health?

Why should you only consume food in designated areas?